

TOYOKAWA NEWS

~ Introduction of Club Activity No.1 Mountain Climbing Club~



Hello everyone. I am Shoei Yamamoto, an English teacher and the homeroom teacher of 2-3. In this paper, we are going to introduce Toyokawa High School, especially the club activities and school events.

By the way, do you know how many club activities there are in Toyokawa High School? Can you guess? Probably you know some like Baseball, Swimming and Ekiden, which are three of the most famous club activities at Toyokawa High School. There are also some which have excellent results but don't stand out so often. Therefore, in this paper, our aim is to introduce other club activities to all students at Toyokawa High School. The first club is Mountain Climbing.

First of all, what is your image of this club? You may have a simple image, like climbing a mountain and staying there, or your image could be like this; "It looks so hard to stay at the mountain for several days." However, they do many more different activities than you think.

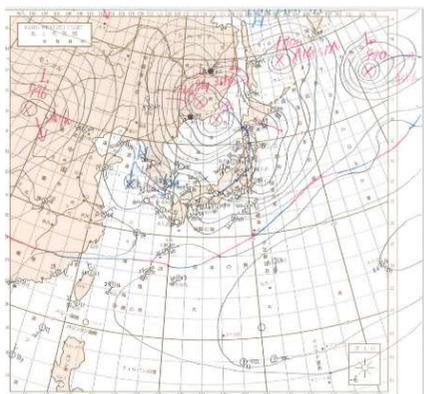
There are 24 members in this club from first to third grade. They practice about five days in a week. They usually do basic training like running, but on weekends, they often hike a mountain.

At the competition, they must climb a mountain as fast as they can, but they also have some tests in which they need a wide variety of knowledge. For instance, they need to draw a weather map. This is the weather map Ryoichi Naito(3-6), the captain of the team drew. As you can see, it is really complicated, and it takes a long time to get the skill to draw. What they have to do is, listen to the broadcast and note the basic



information, guess how high/low the atmospheric pressures move and then guess how the weather will be the next day. They also have tests about plants, geography and first aid, which means how to save people's lives. These tests are as important as how fast they can climb mountains.

This year, they came in second in Aichi prefecture and will take part in the Tokai Competition in June. Cheer for them!



As a volunteer, they have also done the cleaning around Mt. Hongu. Mr. Hideo Sahashi, the chief advisor of this club, has conducted this volunteer activity for over 20 years. At the end of each year, around Christmas, they clean Mt. Hongu. It takes about 2 hours to climb up and clean. You can not only do exercise but also enjoy the view from the top of Mt. Hongu. Sometimes, they collect members, so if you are interested in volunteering, why don't you join them? You could get a precious experience through volunteering.

In addition to climbing mountains, they do "Sports Climbing". Sports Climbing is divided into three types, Bouldering, Lead Climbing and Speed. Usually, they practice Bouldering and Lead Climbing. Have you ever entered Judo-hall? There is the facility for Bouldering. There are a lot of holds on the wall, but they can only use one color to climb up to the top hold. There are several courses. Here's one example. In this course, they must use



only yellow holds to get to the top.

Mr. Katsunori Shinohara, a religion teacher, sometimes makes new courses. These courses are challenging so the club members always try to complete them.

To practice Lead Climbing, they often go to Square Climbing Center, which is in Hamamatsu City. The picture on the left is the picture of Square Climbing Center. How high do you think the wall is? In this picture, one of the club members is standing by the wall, in the circle. He is 175 centimeters tall. The wall is 15 meters high. There are several levels of courses. The longest course is over 20 meters.



Let me introduce one student, Sana Arikawa(1-9). She is the best climber in this club. She has been doing Sports Climbing for almost 5 years. Some days ago, she took part in a competition and came in third in Aichi prefecture. Watch the video and you can understand how good at climbing she is and how hard this sport is. Scan the QR cord below and you can watch some videos on YouTube. We are planning to delete this video in one month, so if you want to watch, don't miss it.

If you want to try Bouldering, you can do it during the School Festival. At Judo-hall, they will make special courses and be waiting for you to come. The courses they will make are not only for beginners but also for those who have some experience. Why don't you go and try the courses? They want someone who can complete every course.

Gradually we will introduce another club activity. Please look forward to the next paper.



BOULDERING LEAD CLIMBING